

BAKER New Directions Behavioral Health & Wellness

General Access

- 541-523-3646 (8 am - 5 pm)

Crisis Number

- 541-519-7126 (after hours)

BENTON County Mental Health Program

General Access

- 541-766-6835

Crisis Number

- 1-888-232-7192

CLACKAMAS County Mental Health Center

General Access

- 503-742-5335

Crisis Number

- 503-655-8585

CLATSOP Behavioral Healthcare

General Access

- 503-325-5722

Crisis Number

- 503-325-5724

COLUMBIA Community Mental Health, Inc.

General Access

- 503-397-5211

Crisis Number

- 503-397-5211 or 1-866-866-1426 (after hours)
- Vernonia: 503-397-5211

COOS County Mental Health Program

General Access

- 541-266-6700

Crisis Number

- 541-266-6800

CROOK BestCare Treatment Services

General Access

- 541-323-5330

Crisis Number

- 541-323-5330

CURRY Community Health

General Access

- Gold Beach: 541-373-8001
- Brookings: 541-813-2535

Crisis Number

- 1-877-519-9322

- Port Orford: 541-373-8085

DESCHUTES County Mental Health Services

General Access

- 541-322-7500

Crisis Number

- 541-322-7500 (24 hours) or 1-800-875-7364

DOUGLAS Compass Behavioral Health

General Access

- 541-440-3532

Crisis Number

- 1-800-866-9780

GILLIAM Community Counseling Solutions

General Access

- Condon: 541-384-2666
- Arlington: 541-454-2223

Crisis Number

- 911

GRANT Community Counseling Solutions

General Access

- 541-575-1466

Crisis Number

- 911

HARNEY Symmetry Care

General Access

- 541-573-8376

Crisis Number

- 541-573-8376

HOOD RIVER Mid-Columbia Center for Living

General Access

- 541-386-2620

Crisis Number

- 1-888-877-9147 or 541-386-7534

JACKSON County Health and Human Services

General Access

- 541-774-8201

Crisis Number

- 541-774-8201

JEFFERSON County Community Mental Health Program

General Access

Crisis Number

- 541-475-6575

JOSEPHINE Options for Southern Oregon
General Access

- 541-476-2373

KLAMATH Basin Behavioral Health
General Access

- 541-883-1030

LAKE County Mental Health Center
General Access

- 541-947-6021

LANE County Health and Human Services
General Access

- 541-682-3608

LINCOLN County Mental Health Program

- Adults: 541-574-5960
- Children: 541-265-4179
- Lincoln City: 541-265-4196

LINN County Mental Health
General Access

- 541-967-3866

MALHEUR Lifeways, Inc.
General Access

- 541-889-9167

MARION County Mental Health Services
General Access

- 541-475-6575 (24 hours)

Crisis Number

- 541-474-5360 (24 hours)

Crisis Number

- 541-883-1030

Crisis Number

- 541-947-6021 or 1-877-456-2293

Crisis Number

- White Bird Clinic: 541-687-4000 (after hours)

Crisis Number

- 1-888-232-7192 (24 hours)

Crisis Number

- 541-967-3866 or 1-800-304-7468 (24 hours)

Crisis Number

- 541-889-9167

Crisis Number

- 503-588-5351
- Woodburn: 503-981-5851
- 503-585-4949

Youth and Family Crisis Line
focused on ages under 18

(available 8am-10pm
7 days a week)

- 503-576-HOPE (4673)

MORROW/WHEELER Community Counseling Solutions

General Access

Crisis Number

- Heppner: 541-676-9161
- Boardman: 541-481-2911
- 911

MULTNOMAH County Mental Health Services

General Access

Crisis Number

- 503-988-5887
- 503-988-4888
- Toll-free at 1-800-716-9769

POLK County Mental Health

General Access

Crisis Number

- Dallas: 503-623-9289
- West Salem: 503-585-3012
- 503-623-9289 (days)
- 503-581-5535 or 800-560-5833 (after hours)

SHERMAN Mid-Columbia Center for Living

General Access

Crisis Number

- 541-296-5452
- 1-888-877-9147
- 541-296-5452

TILLAMOOK Family Counseling Inc.

General Access

Crisis Number

- 503-842-8201
- 503-842-8201 or 1-800-962-2851

UMATILLA Lifeways, Inc.

General Access

Crisis Number

- Hermiston: 541-922-6226

- Milton-Freewater: 866-343-4473
- Pendleton: 541-276-6207

- Hermiston & Milton-Freewater: 1-866-343-4473
- Pendleton: 541-276-6207

UNION Center for Human Development

General Access

- 541-962-8800

Crisis Number

- 541-962-8800

WALLOWA Valley Center for Wellness

General Access

- 541-426-4524

Crisis Number

- 541-398-1175

WASCO Mid-Columbia Center for Living

General Access

- 541-296-5452

Crisis Number

- 541-296-6307
- 1-888-877-9147 (after hours)

WASHINGTON County Mental Health

General Access

- 503-291-1155

Crisis Number

- 503-291-9111

WHEELER/MORROW Community Counseling Solutions

General Access

- 541-763-2746

Crisis Number

- 911

YAMHILL County Adult Mental Health and Family & Youth Mental Health Programs

General Access

- Adults: 503-434-7253
- Youth: 503-434-7462

Crisis Number

- 1-844-842-8200

